



**988**

**SUICIDE  
& CRISIS  
LIFELINE**

**IT'S OKAY TO  
SAY YOU'RE  
NOT OKAY.**

**CALL, TEXT OR CHAT 988.**



## WHEN YOU CONTACT 988, YOU'LL HAVE:



**SOMEONE TO CONTACT.**



**SOMEONE TO RESPOND.**



**A SAFE PLACE FOR HELP.**



TO LEARN MORE  
ABOUT 988,  
SCAN THE QR CODE.

[988INDIANA.ORG](https://988INDIANA.ORG)